
3FP

Lunch Menu

LITTLE BITES

Quesadilla

Cheese, Caramelized Onion & Arugula9

Warm Olives

Orange & Thyme Marinated Olives.....6

Sliders

BBQ Pulled Pork, Mustard Aioli & Pickles.....10

Edamame

Tossed in Spicy Kim Chee Sauce.....6

Calamari

Crispy Fried with served with Lemon Aioli.....14

Avocado Hummus

Served with Crudities & House Season Tortilla Chips.....10

Crispy Chicken Wings

Dipped in Spicy Korean Glaze.....10

Soup of the Day.....5/7

GRINDERS

Comes with your choice of a Side Garden Salad, House-made Fries or Garlic Fries

Pork Belly

On a Sweet Bun with Roasted Tomatoes, Arugula & Crispy Sweet Onions.....15

Pub Burger

With Blue Cheese or Cheddar & Bacon.....16

B.L.T.

Bacon, Local Lettuce, House Pickled Tomatoes on Mamane Bakery Sourdough.....14

Hot Pastrami

With Sauerkraut, Swiss with Whole-Grain Mustard Aioli on Marbled Rye.....16

Steak Sandwich

With Blue Cheese, Swiss or Cheddar, Caramelized Onion, Garlic Aioli, Lettuce & Tomato21

Grilled Chicken Breast Sandwich

With Goat Cheese, Pears & Raspberry Aioli.....15

Grilled Mahi Sandwich

With Basil Aioli, Lettuce Onion & Tomato.....15

Flat Bread Pizza

Fresh and Hot, Flat Bread Pizza. Choice of: Pepperoni, Hawaiian or Goat Cheese & Fig.....14

House-made Pork Sausage Burger

With Fresh Ricotta, Pickled Fennel & Arugula, served on a Sweet Bread Bun.....15

BIGGER BITES

Ploughman's Lunch Ham, Cheeses, Bread, Eggs, Pickles, Fig Jam, Veggies; Pub Style.....16

Fish & Chips Beer Battered and served with House-made Tartar Sauce.....16

Bourbon BBQ Shrimp with Portuguese Sweet Bread Rolls.....16

Spaghetti Aglio Olio Olive Oil, Garlic and Fresh Herbs ...13 add Chicken Breast..+7 or Shrimp +8

Grilled Cheese of the Day Ask your server for today's selection ,served with soup.....15

SALADS

Crabbie Piggie Salad

Fresh Local Mixed Greens, Crabmeat, Avocado, Crispy Bacon and Creamy Wasabi Dressing.....21

Pub House Salad

Local Mixed Greens, Candied Walnuts, Fresh Pears & Gorgonzola with Raspberry Vinaigrette.....15

3FP Caesar Salad

Crispy Romaine with Caesar Dressing, Grated Reggiano, Bacon, Hard Boiled Egg and House-made Anchovy Croutons12

Add.....Shrimp +8 Add.....Chicken Breast +7

Caprese Salad

Fresh Mozzarella, Ripe Tomatoes, Kamuela Basil and Balsamic Reduction14
